

The time has come to really get away...



Healthful Hideaway Weekend—19 to 21 June 2009

Couran Cove Island Resort is situated on South Stradbroke Island 40 minutes from the Gold Coast mainland.

The "Healthful Hideaway" weekend package includes;

2 nights accommodation in Marine Deluxe accommodation and including return ferry transfers and all meals fully catered. You will be also treated to healthy cooking demos and attend classes, massages, yoga classes, leisurely strolls through our Natural Banksia Rainforest and enjoy an Environmental Experience.

\$449 PER PERSON TWIN SHARE

minimum 2 nights stay *conditions apply and spaces are limited.

Very Special Guest Host Leisa Wheeler (N.D)
the Founder and Director of Embracing Health.

Call Reservations on 1800 268 726 or visit our website
www.couran.com for more information



Couran Cove Island Resort
GOLD COAST AUSTRALIA

1800 268 726 • www.couran.com



www.embracinghealth.com.au